



"College makes you grow up a little bit more and gives you a chance to try new things."

SELF DEVELOPMENT PROGRAMME

Who is the Self Development course for?

This course, available at entry level and level 1, is designed for young people aged 16-20, who have not developed the study skills or achieved the required qualifications to move on to a full time qualification.

What does the course cover?

The 10 week programme aims to develop students' personal and social skills whilst preparing them for the world of work. The course covers subjects such as:

- Personal development
- Working with and supporting others
- Problem solving
- Managing personal finances
- Taking part in a community project
- Independent travel training

Students will also have the opportunity to develop their IT, English and maths skills whilst on the programme.

Experienced and qualified staff provide a safe and secure environment for the students to learn and develop their confidence, both in and outside of class.

What else can students do whilst on the course?

As part of this course students are able to take part in environmental and conservation work, working on physical and practical activities and building on their ability to work as part of a team.

Students are also encouraged to take part in college wide enrichment activities to provide them with opportunities that enable them to become more independent and confident in dealing with new experiences.

What can students do after the course?

Upon completion of the Self Development course, students will be able to progress on to Employability Skills, Pathways, or an entry level or level 1 vocational course at the college. Alternatively, students may choose to progress into paid employment, further training or voluntary work.

Students will be interviewed before enrolling on a course to find out what level they should be working at.

For more information

To find out more about Northumberland College's Foundation Learning Department and the courses on offer call our advice centre on **01670 841200**, email advicecentre@northland.ac.uk or visit www.northumberland.ac.uk