



"One of the good things about coming to college is that you get treated like an adult."

BRIDGING PROGRAMME

Who is the Bridging course for?

This one year foundation level programme is designed for school leavers aged 16-19 with emotional and/or behavioural difficulties or moderate learning difficulties, who need a little help and extra support before moving onto a full time college course.

What does the course cover?

The course aims to develop students' personal and social skills by studying units such as:

- Working together
- Healthy living
- Managing social relationships
- Dealing with problems
- Making the most of leisure time
- Managing money
- Independent travel training

Experienced and qualified staff provide a safe and secure environment for the students to learn and develop their confidence, both in and outside of class. Students will also have the opportunity to develop their IT, English and maths skills whilst on the programme.

During the year, students will be able to try their hand in a variety of vocational courses within college including motor mechanics, hair and beauty, catering, construction and animal care.

What else can students do whilst on the course?

As part of this course students will undertake voluntary work in the local community to develop an understanding of individual rights and responsibilities and environmental awareness.

Students are also encouraged to take part in college wide enrichment activities to provide them with opportunities that enable them to become more independent and confident in dealing with new experiences.

What can students do after the course?

Upon completion of the Bridging course, students could progress onto the Pathways programme, foundation level vocational qualifications within college, employment, further training or voluntary work.

Students will be interviewed before enrolling on a course to find out what level they should be working at.

For more information

To find out more about Northumberland College's Foundation Learning Department and the courses on offer call our advice centre on **01670 841200**, email advicecentre@northland.ac.uk or visit www.northumberland.ac.uk